

Safety Tips for Parents

At Medical City Children's Hospital, our pediatric specialists quickly provide the unique care and attention children deserve. We understand that no one cares for your child as much as you. So these simple reminders will help you keep your kids safe.

- Keep household cleaners and medicines where children can't see or reach them. Read the labels of all the products in your home to find out which are dangerous for children. If you are not sure, keep them where your kids can't reach them.
- Don't take medicine in front of children. They might try to copy you later.
- Check toys and other objects for small pieces that could cause children to choke if they put them in their mouth.
- Keep chairs and other furniture away from windows and stairs. Use safety gates at the top and bottom of stairs to keep kids out of dangerous areas like the laundry room.
- Use playgrounds or play areas with rubber, wood, mulch or sand surfaces because they are safer for kids. Grass and dirt are not as good at preventing serious injuries. Avoid asphalt if possible.
- Install smoke alarms in your home on every level and in every sleeping area. Test them once a month and replace the batteries twice a year.
- Make sure your children know whom to call in an emergency and what to say.

Accidents and illness are part of growing up, so if they happen to your kids, try not to get upset. Tell them everything will be okay, and calmly get the help they need.

Medical City Children's Hospital has a full range of comprehensive pediatric services available including our own dedicated pediatric emergency room.

General Information: 972-566-8888

Physician Referral: 972-566-7111

mcchildrenshospital.com